

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Amber Court

ASSISTED LIVING COMMUNITIES

The Alcove at Westbury

1	2	3	4	5
<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH J A2</p> <p>10:30 FAMOUS FACES E A2</p> <p>11:15 SING -A-LONG W/ JO E A2</p> <p>1:30 CRAFTS E A2</p> <p>2:30 SNACK SOCIAL JB A2</p> <p>3:15 RESIDENTS CHOICE P A2</p> <p>4:00 BOARD GAMES S A2</p> <p>6:00 EVENING MUSIC S A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT A2</p> <p>10:30 ARTS AND CRAFTS A2</p> <p>10:45 BINGO P A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 FALL CRAFTS JB A2</p> <p>2:30 SNACK TIME S A2</p> <p>3:15 BOWLING S A2</p> <p>4:00 GUESS THAT CELEBRITY S A2</p> <p>6:30 MOVIE NIGHT S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH E A2</p> <p>10:30 BINGO E A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIALE P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 HYDRATIONTIME P A2</p> <p>3:45 VOLLEYBALL GAME S A2</p> <p>4:00 PUZZLE GAMES S A2</p> <p>6:00 GUITER PLAYING S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH E A2</p> <p>10:30 NAME THAT SINGER E A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIALE P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 HYDRATIONTIME P A2</p> <p>3:45 BACK IN THE DAY S A2</p> <p>4:00 PICTONARY S A2</p> <p>6:00 GUITER PLAYING S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MOVIE TIME E A2</p> <p>10:30 MORNING TRIVIA E A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 RESIDENTS CHOICE P A2</p> <p>2:30 MEMORY LANE P A2</p> <p>3:15 SNACK SOCIAL P A2</p> <p>3:45 BINGO S A2</p> <p>4:00 BALL TOSS S A2</p> <p>6:00 TABLE GAMES S A2</p>
<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT JB A2</p> <p>10:30 SORTING HANDS P A2</p> <p>11:30 WALK TO DINE P A2</p> <p>1:30 SCULPTING P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 COUPON CLIPPING JB A2</p> <p>3:45 SHORT STORIES S A2</p> <p>4:15 MOTIVATIONAL ROUND S A2</p> <p>6:00 MOVIE NIGHT JB A2</p> <p>Daylight Saving Time Ends</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MORNING STRETCH JB A2</p> <p>10:30 CURRENT EVENTS JB A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIAL P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 BINGO S A2</p> <p>3:45 HANG MAN S A2</p> <p>4:15 PICTONARY S A2</p> <p>6:00 MONDAY MATINEE S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH J A2</p> <p>10:30 FAMOUS FACES E A2</p> <p>11:15 SING -A-LONG W/ JO E A2</p> <p>1:30 CRAFTS E A2</p> <p>2:30 SNACK SOCIAL JB A2</p> <p>3:15 RESIDENTS CHOICE P A2</p> <p>4:00 BOARD GAMES S A2</p> <p>6:00 EVENING MUSIC S A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT A2</p> <p>10:30 ARTS AND CRAFTS A2</p> <p>10:45 BINGO P A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 FALL CRAFTS JB A2</p> <p>2:30 SNACK TIME S A2</p> <p>3:15 BOWLING S A2</p> <p>4:00 GUESS THAT CELEBRITY S A2</p> <p>6:30 MOVIE NIGHT S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH E A2</p> <p>10:30 BINGO E A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIALE P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 HYDRATIONTIME P A2</p> <p>3:45 VOLLEYBALL GAME S A2</p> <p>4:00 PUZZLE GAMES S A2</p> <p>6:00 GUITER PLAYING S A2</p> <p>Veterans Day Remembrance Day (Canada)</p>
<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT JB A2</p> <p>10:30 SORTING HANDS P A2</p> <p>11:30 WALK TO DINE P A2</p> <p>1:30 SCULPTING P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 COUPON CLIPPING JB A2</p> <p>3:45 SHORT STORIES S A2</p> <p>4:15 MOTIVATIONAL ROUND S A2</p> <p>6:00 MOVIE NIGHT JB A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MORNING STRETCH JB A2</p> <p>10:30 CURRENT EVENTS JB A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIAL P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 BINGO S A2</p> <p>3:45 HANG MAN S A2</p> <p>4:15 PICTONARY S A2</p> <p>6:00 MONDAY MATINEE S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH J A2</p> <p>10:30 FAMOUS FACES E A2</p> <p>11:15 SING -A-LONG W/ JO E A2</p> <p>1:30 CRAFTS E A2</p> <p>2:30 SNACK SOCIAL JB A2</p> <p>3:15 RESIDENTS CHOICE P A2</p> <p>4:00 BOARD GAMES S A2</p> <p>6:00 EVENING MUSIC S A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT A2</p> <p>10:30 ARTS AND CRAFTS A2</p> <p>10:45 BINGO P A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 FALL CRAFTS JB A2</p> <p>2:30 SNACK TIME S A2</p> <p>3:15 BOWLING S A2</p> <p>4:00 GUESS THAT CELEBRITY S A2</p> <p>6:30 MOVIE NIGHT S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH E A2</p> <p>10:30 BINGO E A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIALE P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 HYDRATIONTIME P A2</p> <p>3:45 VOLLEYBALL GAME S A2</p> <p>4:00 PUZZLE GAMES S A2</p> <p>6:00 GUITER PLAYING S A2</p> <p>Thanksgiving Day (US)</p>
<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT JB A2</p> <p>10:30 SORTING HANDS P A2</p> <p>11:30 WALK TO DINE P A2</p> <p>1:30 SCULPTING P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 COUPON CLIPPING JB A2</p> <p>3:45 SHORT STORIES S A2</p> <p>4:15 MOTIVATIONAL ROUND S A2</p> <p>6:00 MOVIE NIGHT JB A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MORNING STRETCH JB A2</p> <p>10:30 CURRENT EVENTS JB A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIAL P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 BINGO S A2</p> <p>3:45 HANG MAN S A2</p> <p>4:15 PICTONARY S A2</p> <p>6:00 MONDAY MATINEE S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH J A2</p> <p>10:30 FAMOUS FACES E A2</p> <p>11:15 SING -A-LONG W/ JO E A2</p> <p>1:30 CRAFTS E A2</p> <p>2:30 SNACK SOCIAL JB A2</p> <p>3:15 RESIDENTS CHOICE P A2</p> <p>4:00 BOARD GAMES S A2</p> <p>6:00 EVENING MUSIC S A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT A2</p> <p>10:30 ARTS AND CRAFTS A2</p> <p>10:45 BINGO P A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 FALL CRAFTS JB A2</p> <p>2:30 SNACK TIME S A2</p> <p>3:15 BOWLING S A2</p> <p>4:00 GUESS THAT CELEBRITY S A2</p> <p>6:30 MOVIE NIGHT S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH E A2</p> <p>10:30 BINGO E A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIALE P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 HYDRATIONTIME P A2</p> <p>3:45 VOLLEYBALL GAME S A2</p> <p>4:00 PUZZLE GAMES S A2</p> <p>6:00 GUITER PLAYING S A2</p>
<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT JB A2</p> <p>10:30 SORTING HANDS P A2</p> <p>11:30 WALK TO DINE P A2</p> <p>1:30 SCULPTING P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 COUPON CLIPPING JB A2</p> <p>3:45 SHORT STORIES S A2</p> <p>4:15 MOTIVATIONAL ROUND S A2</p> <p>6:00 MOVIE NIGHT JB A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MORNING STRETCH JB A2</p> <p>10:30 CURRENT EVENTS JB A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIAL P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 BINGO S A2</p> <p>3:45 HANG MAN S A2</p> <p>4:15 PICTONARY S A2</p> <p>6:00 MONDAY MATINEE S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH J A2</p> <p>10:30 FAMOUS FACES E A2</p> <p>11:15 SING -A-LONG W/ JO E A2</p> <p>1:30 CRAFTS E A2</p> <p>2:30 SNACK SOCIAL JB A2</p> <p>3:15 RESIDENTS CHOICE P A2</p> <p>4:00 BOARD GAMES S A2</p> <p>6:00 EVENING MUSIC S A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT A2</p> <p>10:30 ARTS AND CRAFTS A2</p> <p>10:45 BINGO P A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 FALL CRAFTS JB A2</p> <p>2:30 SNACK TIME S A2</p> <p>3:15 BOWLING S A2</p> <p>4:00 GUESS THAT CELEBRITY S A2</p> <p>6:30 MOVIE NIGHT S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH E A2</p> <p>10:30 BINGO E A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIALE P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 HYDRATIONTIME P A2</p> <p>3:45 VOLLEYBALL GAME S A2</p> <p>4:00 PUZZLE GAMES S A2</p> <p>6:00 GUITER PLAYING S A2</p>
<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT JB A2</p> <p>10:30 SORTING HANDS P A2</p> <p>11:30 WALK TO DINE P A2</p> <p>1:30 SCULPTING P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 COUPON CLIPPING JB A2</p> <p>3:45 SHORT STORIES S A2</p> <p>4:15 MOTIVATIONAL ROUND S A2</p> <p>6:00 MOVIE NIGHT JB A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MORNING STRETCH JB A2</p> <p>10:30 CURRENT EVENTS JB A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIAL P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 BINGO S A2</p> <p>3:45 HANG MAN S A2</p> <p>4:15 PICTONARY S A2</p> <p>6:00 MONDAY MATINEE S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH J A2</p> <p>10:30 FAMOUS FACES E A2</p> <p>11:15 SING -A-LONG W/ JO E A2</p> <p>1:30 CRAFTS E A2</p> <p>2:30 SNACK SOCIAL JB A2</p> <p>3:15 RESIDENTS CHOICE P A2</p> <p>4:00 BOARD GAMES S A2</p> <p>6:00 EVENING MUSIC S A2</p>	<p>9:45 RISE & SHINE JB A2</p> <p>10:15 MUSIC & MOVEMENT A2</p> <p>10:30 ARTS AND CRAFTS A2</p> <p>10:45 BINGO P A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 FALL CRAFTS JB A2</p> <p>2:30 SNACK TIME S A2</p> <p>3:15 BOWLING S A2</p> <p>4:00 GUESS THAT CELEBRITY S A2</p> <p>6:30 MOVIE NIGHT S A2</p>	<p>9:45 RISE & SHINE E A2</p> <p>10:15 MORNING STRETCH E A2</p> <p>10:30 BINGO E A2</p> <p>11:30 WALK TO DINE JB A2</p> <p>1:30 OUTDOOR SOCIALE P A2</p> <p>2:30 SNACK SOCIAL P A2</p> <p>3:15 HYDRATIONTIME P A2</p> <p>3:45 VOLLEYBALL GAME S A2</p> <p>4:00 PUZZLE GAMES S A2</p> <p>6:00 GUITER PLAYING S A2</p>

November 2022

All programs are subject to change

STAFF KEY: ESTRELLA -E, KENNY S.-S, PAT -P, JADA -J

LOCATION KEY: LOCATION A-ACTIVITY ROOM, DR-DINING ROOM, 2NDSECOND FLOOR, M-MEDIA ROOM, O-OUTING, CO-COURTYARD