




Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p><b>1</b></p> <p>9:30 Sunday News on ABC (2L,S)</p> <p>10:00 Independent Board Games (2L,S)</p> <p>11:00 Carol Burnett Show Hour (2L,S)</p> <p>1:00 Bingo w/ Judy (2L,S)</p> <p>1:30 Independent Word Search (2L,S)</p> <p>2:00 Music in the Front Patio (2L,S)</p> <p>3:00 Happy Hour (2L,S)</p> <p>6:00 Movie (2L,S)</p> <p>New Year's Day</p>	<p><b>2</b></p> <p>9:00 Sittercise (2L,KL)</p> <p>9:30 Chair Exercise w. Donna (2L,KL)</p> <p>10:00 The PERK Social (2L,KL)</p> <p>11:00 Cornhole (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Hangman (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>3</b></p> <p>9:00 Cardio Party (2L,KL)</p> <p>10:00 Communion (2L,KL)</p> <p>10:30 Chair Yoga (2L, KL)</p> <p>11:00 Perk Social (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L, KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Trivia Fortune (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>4</b></p> <p>9:00 Sittercise (2L,KL)</p> <p>9:30 Chair Exercise w. Donna (2L,KL)</p> <p>10:00 The PERK Social (2L,KL)</p> <p>11:00 Horseshoe (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Bible Study (2L,KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Jeopardy! (CL, KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>5</b></p> <p>9:00 Sit and Be Fit (2L,KL)</p> <p>9:30 Chair Yoga (2L,KL)</p> <p>10:15 Perk Social (2L,KL)</p> <p>11:00 News and Views (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Parlor Games (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>6</b></p> <p>9:00 Chair Exercises (2L, KL)</p> <p>9:30 Chair Yoga (2L,KL)</p> <p>10:00 Rosary Prayer Group (2L, KL)</p> <p>11:00 Perk Social (2L, KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L, KL)</p> <p>3:30 Snack Social (CL,KL)</p> <p>3:45 Brain Teasers (CL, KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>7</b></p> <p>9:30 Exercise to Music (CR, MN)</p> <p>10:00 Breakfast Club (CL, MN)</p> <p>11:00 Trivia (CL, MN)</p> <p>1:30 Horoscopes (2L, MN)</p> <p>2:00 Bingo (2L, MN)</p> <p>3:00 Happy Hour (CL, MN)</p> <p>3:30 Shuffleboard (2L, MN)</p> <p>6:00 Movie (CR, R)</p>	
<p><b>8</b></p> <p>9:30 Sunday News on ABC (2L,S)</p> <p>10:00 Independent Board Games (2L,S)</p> <p>11:00 Carol Burnett Show Hour (2L,S)</p> <p>1:00 Bingo w/ Judy (2L,S)</p> <p>1:30 Independent Word Search (2L,S)</p> <p>2:00 Music in the Front Patio (2L,S)</p> <p>3:00 Happy Hour (2L,S)</p> <p>6:00 Movie (2L,S)</p>	<p><b>9</b></p> <p>9:00 Sittercise (2L,KL)</p> <p>9:30 Chair Exercise w. Donna (2L,KL)</p> <p>10:00 The PERK Social (2L,KL)</p> <p>11:00 Cornhole (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Hangman (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>10</b></p> <p>9:00 Cardio Party (2L,KL)</p> <p>10:00 Communion (2L,KL)</p> <p>10:30 Chair Yoga (2L, KL)</p> <p>11:00 Perk Social (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L, KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Trivia Fortune (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>11</b></p> <p>9:00 Sittercise (2L,KL)</p> <p>9:30 Chair Exercise w. Donna (2L,KL)</p> <p>10:00 The PERK Social (2L,KL)</p> <p>11:00 Horseshoe (2L,KL)</p> <p>1:00 Bible Study (2L,KL)</p> <p>2:00 CHER SHOW LIVE! (CL, KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Jeopardy! (CL, KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>12</b></p> <p>9:00 Sit and Be Fit (2L,KL)</p> <p>9:30 Chair Yoga (2L,KL)</p> <p>10:00 Rosary Group (2L,KL)</p> <p>11:00 Perk Social (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Parlor Games (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>13</b></p> <p>9:00 Chair Exercises (2L, KL)</p> <p>9:30 Chair Yoga (2L,KL)</p> <p>10:00 Rosary Prayer Group (2L, KL)</p> <p>11:00 Perk Social (2L, KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L, KL)</p> <p>3:30 Snack Social (CL,KL)</p> <p>3:45 Brain Teasers (CL, KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>14</b></p> <p>9:30 Exercise to Music (CR, MN)</p> <p>10:00 Breakfast Club (CL, MN)</p> <p>11:00 Trivia (CL, MN)</p> <p>1:30 Horoscopes (2L, MN)</p> <p>2:00 Bingo (2L, MN)</p> <p>3:00 Happy Hour (CL, MN)</p> <p>3:30 Shuffleboard (2L, MN)</p> <p>6:00 Movie (CR, R)</p>	
<p><b>15</b></p> <p>9:30 Sunday News on ABC (2L,S)</p> <p>10:00 Independent Board Games (2L,S)</p> <p>11:00 Carol Burnett Show Hour (2L,S)</p> <p>1:00 Bingo w/ Judy (2L,S)</p> <p>1:30 Independent Word Search (2L,S)</p> <p>2:00 Music in the Front Patio (2L,S)</p> <p>3:00 Happy Hour (2L,S)</p> <p>6:00 Movie (2L,S)</p>	<p><b>16</b></p> <p>9:00 Sittercise (2L,KL)</p> <p>9:30 Chair Exercise w. Donna (2L,KL)</p> <p>10:00 The PERK Social (2L,KL)</p> <p>11:00 Cornhole (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Chinese New Year Crafts (CS, KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Hangman (CL,KL)</p> <p>6:00 Movie (CR, R)</p> <p>Martin Luther King Jr. Day</p>	<p><b>17</b></p> <p>9:00 Cardio Party (2L,KL)</p> <p>10:00 Communion (2L,KL)</p> <p>10:30 Chair Yoga (2L, KL)</p> <p>11:00 Perk Social (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Chinese New Year Crafts (CS, KL)</p> <p>2:00 Bingo (2L, KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Trivia Fortune (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>18</b></p> <p>9:00 Sittercise (2L,KL)</p> <p>9:30 Chair Exercise w. Donna (2L,KL)</p> <p>10:00 The PERK Social (2L,KL)</p> <p>11:00 Horseshoe (2L,KL)</p> <p>1:00 Bible Study (2L,KL)</p> <p>2:00 Birthday Party (CL, KL)</p> <p>w. Kyle Fitzpatrick (CL,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Jeopardy! (CL, KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>19</b></p> <p>9:00 Sit and Be Fit (2L,KL)</p> <p>9:30 Chair Yoga (2L,KL)</p> <p>10:00 Rosary Group (2L,KL)</p> <p>11:00 Perk Social (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Chinese New Year Crafts (CS, KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Parlor Games (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>20</b></p> <p>9:00 Chair Exercises (2L, KL)</p> <p>9:30 Chair Yoga (2L,KL)</p> <p>10:00 Rosary Prayer Group (2L, KL)</p> <p>11:00 Perk Social (2L, KL)</p> <p>12:00 Mail Time</p> <p>1:00 Chinese New Year Crafts (CS, KL)</p> <p>2:00 Bingo (2L, KL)</p> <p>3:30 Snack Social (CL,KL)</p> <p>3:45 Brain Teasers (CL, KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>21</b></p> <p>9:30 Exercise to Music (CR, MN)</p> <p>10:00 Breakfast Club (CL, MN)</p> <p>11:00 Trivia (CL, MN)</p> <p>1:30 Horoscopes (2L, MN)</p> <p>2:00 Bingo (2L, MN)</p> <p>3:00 Happy Hour (CL, MN)</p> <p>3:30 Shuffleboard (2L, MN)</p> <p>6:00 Movie (CR, R)</p>	
<p><b>22</b></p> <p>9:30 Sunday News on ABC (2L,S)</p> <p>10:00 Independent Board Games (2L,S)</p> <p>11:00 Carol Burnett Show Hour (2L,S)</p> <p>1:00 Bingo w/ Judy (2L,S)</p> <p>1:30 Independent Word Search (2L,S)</p> <p>2:00 Music in the Front Patio (2L,S)</p> <p>3:00 Happy Hour (2L,S)</p> <p>6:00 Movie (2L,S)</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p><b>23</b></p> <p>9:00 Sittercise (2L,KL)</p> <p>9:30 Chair Exercise w. Donna (2L,KL)</p> <p>10:00 The PERK Social (2L,KL)</p> <p>11:00 Cornhole (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Hangman (CL,KL)</p> <p>6:00 Movie (CR, R)</p> <p>Activity Professionals Week</p>	<p><b>24</b></p> <p>9:00 Cardio Party (2L,KL)</p> <p>10:00 Communion (2L,KL)</p> <p>10:30 Chair Yoga (2L, KL)</p> <p>11:00 Perk Social (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L, KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Trivia Fortune (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>25</b></p> <p>9:00 Sittercise (2L,KL)</p> <p>9:30 Chair Exercise w. Donna (2L,KL)</p> <p>10:00 The PERK Social (2L,KL)</p> <p>11:00 Horseshoe (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Bible Study (2L,KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Resident Council (CL, KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>26</b></p> <p>9:00 Sit and Be Fit (2L,KL)</p> <p>9:30 Chair Yoga (2L,KL)</p> <p>10:00 Rosary Group (2L,KL)</p> <p>11:00 Perk Social (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Parlor Games (CL,KL)</p> <p>6:00 Movie (CR, R)</p> <p>Australia Day (observed)</p>	<p><b>27</b></p> <p>9:00 Chair Exercises (2L, KL)</p> <p>9:30 Chair Yoga (2L,KL)</p> <p>10:00 Rosary Prayer Group (2L, KL)</p> <p>11:00 Perk Social (2L, KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L, KL)</p> <p>3:30 Snack Social (CL,KL)</p> <p>3:45 Brain Teasers (CL, KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>28</b></p> <p>9:30 Exercise to Music (CR, MN)</p> <p>10:00 Breakfast Club (CL, MN)</p> <p>11:00 Trivia (CL, MN)</p> <p>1:30 Horoscopes (2L, MN)</p> <p>2:00 Bingo (2L, MN)</p> <p>3:00 Happy Hour (CL, MN)</p> <p>3:30 Shuffleboard (2L, MN)</p> <p>6:00 Movie (CR, R)</p>	
<p><b>29</b></p> <p>9:30 Sunday News on ABC (2L,S)</p> <p>10:00 Independent Board Games (2L,S)</p> <p>11:00 Carol Burnett Show Hour (2L,S)</p> <p>1:00 Bingo w/ Judy (2L,S)</p> <p>1:30 Independent Word Search (2L,S)</p> <p>2:00 Music in the Front Patio (2L,S)</p> <p>3:00 Happy Hour (2L,S)</p> <p>6:00 Movie (2L,S)</p>	<p><b>30</b></p> <p>9:00 Sittercise (2L,KL)</p> <p>9:30 Chair Exercise w. Donna (2L,KL)</p> <p>10:00 The PERK Social (2L,KL)</p> <p>11:00 Cornhole (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L,KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Hangman (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<p><b>31</b></p> <p>9:00 Cardio Party (2L,KL)</p> <p>10:00 Communion (2L,KL)</p> <p>10:30 Chair Yoga (2L, KL)</p> <p>11:00 Perk Social (2L,KL)</p> <p>12:00 Mail Time</p> <p>1:00 Craft Creations (CS, KL)</p> <p>2:00 Bingo (2L, KL)</p> <p>3:30 Snack Social (CL, KL)</p> <p>3:45 Trivia Fortune (CL,KL)</p> <p>6:00 Movie (CR, R)</p>	<div style="text-align: center;">  <h1>January 2023</h1> </div>				<p>Staff and location key:</p>

Activities are subject to change.

Staff and location key:

