


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 HAPPY NEW YEARS 10:30a Pump It Up JD, RR 11:00a Coloring Social JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR New Year's Day	2 10:30a Pump It Up JD, RR 11:00a Open Discussion JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p New Years Trivia JD, RR 4:00P Notes & More JD, RR	3 10:30a Exercise JD, RR 11:00a Horoscopes JD, RR 1:30p Nails with Daisy JD, RR 1:30p Beards with Daisy JD, RR 2:30p Musical Therapy JD, RR 3:00 Crosswords Puzzles JD, RR 4:00p Notes & More JD, RR	4 10:30a Pump It Up JD, RR 11:00a Speak it Up JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Crochet Club JD, RR 4:00P Notes & More JD, RR	5 10:30a Exercise JD, RR 11:00a Open Discussion JD, RR 1:30p Sip N Paint JD, RR 2:30p Musical Therapy JD, RR 3:00p Hot Cocoa Social JD, RR 4:00P Notes & More JD, RR	6 10:30a Pump It Up JD, RR 11:00a Current Events JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p New Years Soap JD, RR 4:00P Notes & More JD, RR	7 10:30a Worship & Ms. Linda JD, RR 11:00a Coloring Social JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR
8 10:30a Pump It Up JD, RR 11:00a Coloring Social JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR	9 10:30a Pump It Up JD, RR 11:00a Open Discussion JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Potato Cheese Soup JD, RR 4:00P Notes & More JD, RR	10 10:30a Exercise JD, RR 11:00a Horoscopes JD, RR 1:30p Nails with Daisy JD, RR 1:30p Beards with Daisy JD, RR 2:30p Musical Therapy JD, RR 3:00p Vision Boards JD, RR 4:00p Notes & More JD, RR	11 10:30a Pump It Up JD, RR 11:00a Speak it Up JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Crochet Club JD, RR 4:00P Notes & More JD, RR	12 10:30a Exercise JD, RR 11:00a Open Discussion JD, RR 1:30p Sip N Paint JD, RR 2:30p Musical Therapy JD, RR 3:00p Hot Cocoa Social JD, RR 4:00P Notes & More JD, RR	13 10:30a Pump It Up JD, RR 11:00a Current Events JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Jeopardy JD, RR 4:00P Notes & More JD, RR	14 10:30a Worship & Ms. Linda JD, RR 11:00a Coloring Social JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR
15 10:30a Pump It Up JD, RR 11:00a Coloring Social JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR	16 MARTIN LUTHER KING JR DAY 10:30a Pump It Up JD, RR 11:00a Open Discussion JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Art with Racheal JD, RR 4:00P Notes & More JD, RR BOTANICAL GARDENS <small>Martin Luther King Jr. Day</small>	17 10:30a Exercise JD, RR 11:00a Horoscopes JD, RR 1:30p Nails with Daisy JD, RR 1:30p Beards with Daisy JD, RR 2:30p Musical Therapy JD, RR 3:00p Snow Window Cling JD, RR 4:00p Notes & More JD, RR	18 10:30a Pump It Up JD, RR 11:00a Speak it Up JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Crochet Club JD, RR 4:00P Notes & More JD, RR	19 10:30a Exercise JD, RR 11:00a Open Discussion JD, RR 1:30p Sip N Paint JD, RR 2:30p Musical Therapy JD, RR 3:00p Hot Cocoa Social JD, RR 4:00P Notes & More JD, RR	20 10:30a Pump It Up JD, RR 11:00a Current Events JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Plastic Domes JD, RR 4:00P Notes & More JD, RR	21 10:30a Worship & Ms. Linda JD, RR 11:00a Coloring Social JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR
22 10:30a Pump It Up JD, RR 11:00a Coloring Social JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR <small>Chinese New Year (Year of the Rabbit)</small>	23 10:30a Pump It Up JD, RR 11:00a Open Discussion JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p National Pie Day JD, RR 4:00P Notes & More JD, RR <small>Activity Professionals Week</small>	24 10:30a Exercise JD, RR 11:00a Horoscopes JD, RR 1:30p Nails with Daisy JD, RR 1:30p Beards with Daisy JD, RR 2:30p Musical Therapy JD, RR 3:00p Permanent Marker Mug JD, RR 4:00p Notes & More JD, RR	25 10:30a Pump It Up JD, RR 11:00a Speak it Up JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Crochet Club JD, RR 4:00P Notes & More JD, RR	26 10:30a Exercise JD, RR 11:00a Open Discussion JD, RR 1:30p Resident Council JD, RR 2:30p Musical Therapy JD, RR 3:00p Hot Cocoa Social JD, RR 4:00P Notes & More JD, RR <small>Australia Day (observed)</small>	27 RED LOBSTER TRIP 10:30a Pump It Up JD, RR 11:00a Current Events JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Social Night JD, RR 4:00P Notes & More JD, RR	28 10:30a Worship & Ms. Linda JD, RR 11:00a Coloring Social JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR
29 10:30a Pump It Up JD, RR 11:00a Coloring Social JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR	30 10:30a Pump It Up JD, RR 11:00a Open Discussion JD, RR 1:30p BINGO JD, RR 2:30p Quick Pick JD, RR 3:00p Movie Night JD, RR 4:00P Notes & More JD, RR	31 10:30a Exercise JD, RR 11:00a Horoscopes JD, RR 1:30p Nails with Daisy JD, RR 1:30p Beards with Daisy JD, RR 2:30p Dave Patrick Perf. JD, RR 3:00p Musical Therapy JD, RR 4:00p Notes & More JD, RR	 <h1>January 2023</h1>			

*Activities subject to change

Staff key and location
 RR -- Recreation Room
 FL 1,2,3 -- On the floors
 DR -- Dining Room
 L -- Library
 OUT -- OFF AMBERCOURT PREMISES